



*NOTE: In All Honesty is a theatrical podcast produced for the ear and designed to be heard, it features both spoken word and music. The following transcript has been made available for the hard of hearing and to increase accessibility to our podcast. If you are able we strongly encourage you to listen to the audio, which includes emotion and emphasis that's not on the page. Episodes are transcribed by the creatives behind the podcast, and may contain errors. Please check the corresponding audio before quoting in print.*

- EPISODE 2 – THE MORNING OF -

[GILLIAN SPEAKS] This project has been produced and recorded on the lands of the Woi Wurrung, Boon Wurrung, and Wathaurong peoples of the Kulin Nation. We pay our respects to Elders past, present and emerging, and welcome all First Nations people listening today. We acknowledge the rich history of story-telling and music within this culture.

[IN ALL HONESTY THEME MUSIC BEGINS]

Hi there, and welcome to In All Honesty. I'm Gillian Cosgriff, and I have composed and performed the music in Season 1. This is a podcast that allows people to share experiences they've been through, that society doesn't like to talk about.

There's no interviewer, there's no questions and there's no prompts. We send our storyteller away with a recording device and they get to tell their story on their own terms. These are stories you don't get to hear every day. If you haven't already we recommend you go back and start from episode 1 so you're getting the full story.

There are some swearwords in this podcast and as a content warning we'll be discussing still birth, pregnancy loss and dealing with losing a child. If you need to talk to anyone about anything you hear today you can contact Life Line on 13 11 14 or check our show notes for additional resources.

Thanks for listening –

[THE MORNING OF]

[SLOW SIMPLE MUSIC BEGINS]

[BERT SPEAKS & GIRL SINGS] So the date is..uh July 21...two thousand and.....six.



[GIRL SINGS] July 21...two thousand and.....six.

[BERT SPEAKS] And um we, we wake at 7.30 as normal uh Olly our then 2 and a half year old comes in to our room, as he does every morning, on.. like clockwork on the dot, we can't complain, cos from the age of 8 weeks old, he's managed to sleep through the night so we, you know....he can get up at 7.30 that's fine, cos he goes to bed at 7.30 so... 12 hours. Pretty rock solid. Still pretty much doing that now, to this day as a 16 uh nearly 17 year old. So, that's pretty good....(giggles). Umm.....and about three days prior to that we we decided, we made a decision, myself and Amanda, that

[BERT & GIRL SPEAK] we...are going to tell Olly what's going on,

[BERT SPEAKS] he's been part of the journey of ah..you know, the bump. And having a little...sibling coming, whether it being a, a brother or a sister, which at the time,....prior to the th knowledge that Meg wasn't going to survive we didn't know her sex. Um...so we didn't tell...hiim, no sorry we did, we did tell him, we did tell him it was a little girl, we told him that his little sister's ah not gonna make it, and it was a big decision because we weren't sure whether or not it was too much for a 2 and a half year old or. And then we were like, well is he even going to understand it?

[BERT & GIRL SPEAK] Is there a point to this? But I think, we did it for ourselves. Completely selfish reasons just to, to let ourselves know...that we had made that...connection to him, that....if in the future it came up, we had told him, we'd not left him out of the..the equation.

[BERT SPEAKS] Umm, he he sort of went oh, he g, he was, pretty matter of fact about it. As you would be as a 2 and a half year old..a and that was my point, where I thought he hadn't understood what was going on...so that was ok. But it was good for us to have that conversation with him.

The morning of 21st of July, he comes into the room as I said and he he....hops into bed with us. And he's sitting there, and he just, giving his mum a cuddle, as he does. And then he lifts her night shirt up....and he..he rubs her belly and he says, he gives it a kiss, and then he says



[BERT SPEAKS & GIRL SINGS] “bye bye baby....see you”

[GIRLS SINGS] “bye bye baby....see you... bye bye baby

[BERT SPEAKS] and then he hops out of bed and he just...as he’s walking towards the door, he looks at me and he looks back and he just goes “weeet-bix” Cos every every morning I’d have to get his weeet-bix, and that was that. That was....and it was probably one of the greatest things that could’ve happened to us....we (laughs) we both wept when he left the room, but..it also was that thing, that jarring moment where you’re like....we have this incredible little guy, in our lives who...is so so joyous. And so wonderful. And umm...and he needs us, you know he need us to to be strong and keep going..for him. He doesn’t understand the grief part of it, that was to come later for him, and it did, it came years later. Umm...but I’ll get to that at later stage..in the story, but it was a pretty poignant moment for the whole affair and....got his weeet-bix and then we found ourselves on our way to the hospital and he went to his Nanna’s for the day.

[MUSIC SLOWS AND ENDS]

[GILLIAN SPEAKS] Thanks for listening.

[IN ALL HONESTY THEME MUSIC PLAYS]

If you’ve enjoyed this episode make sure to hit subscribe to hear the rest of this season of In All Honesty, you could also give us a review or even tell a friend to their face. As always if you need to talk anyone about anything you’ve heard today you can contact Life Line on 13 11 14 or check our show notes for additional resources.

[END]